## **Lamoille County**

## BABY CHAT & BREASTFEEDING GROUPS

A chance for parents and babies to play, socialize, and make friends.

Parents can learn more about developmental expectations and needs.

A maternal/child health specialist will be available at the groups as a resource.

The groups are <u>FREE</u>, open to all, and a scale is available to weigh your little one.

## When and Where

1<sup>st</sup> Thursday every month – Baby Chat – 10:00-11:30 Lanpher Memorial Library, Hyde Park

2<sup>nd</sup> Saturday every month – Baby Chat – 10:00-11:30 Lamoille Family Center, Morrisville

**3**<sup>rd</sup> **Wednesday** every month — **Breastfeeding Group — 11:00-1:00** Lamoille Valley Church of the Nazarene, Johnson

**4**<sup>th</sup> **Tuesday** every month – **Baby Chat – 10:00-11:30** Lamoille Family Center, Morrisville

For more information, call Lactation & Birthing Solutions @ 888-3470 or the Lamoille Family Center @ 888-5229





